

Our Baby Friendly Church

Protect Promote Support Breastfeeding

Protect

- Our church welcomes breastfeeding mothers! Please feel free to breastfeed here.
- We avoid advertising breastmilk substitutes in our food pantries.

Promote

- We promote the World Health Organization (WHO) recommendation: babies have only breastmilk for the first 6 months of life. Babies should then continue breastfeeding with added table foods for two years and beyond.
- We encourage mothers to continue breastfeeding when they return to work (clergy, administrative assistants, caretakers, etc.)

Support

- We know breastfeeding works best by feeding babies whenever they show signs they are hungry.

References: (Adapted from the Baby Friendly Initiative Team of the Upper Fraser Valley and

<http://www.who.int/nutrition/topics/bfhi/en/>)



British Columbia Synod
Evangelical Lutheran Church in Canada